1. Put your net income amount in the column for the week you receive it. Net income is money you have left after you have paid your deductions (federal, state, FICA/Social Security).
CAUTION:
If you have allotments or direct deposit of net pay to one or more financial institutions, be sure to count them correctly - first as part of your income; then as outgoing for whatever purposes the money is used, whether it be loan payments, insurance, or a savings deposit.
2. Fixed and Variable Expenses - list the amount you plan to spend for the entire month in the "Budgeted Amount" column, and put the amount you actually spend in the weekly columns.
3. Savings - list the amount you plan to save for the entire month in the monthly goal column, and put the amount you actually save in the weekly columns. At the end of the month, total all columns (down and across). Be sure that total expenses plus total savings equal net income.

| Expenses | Amount | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Spent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| NET INCOME | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| FIXED EXPENSES | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Rent/mortgage |  |  |  |  |  |  |  |
| Insurance |  |  |  |  |  |  |  |
| Car payments |  |  |  |  |  |  |  |
| Loan payments |  |  |  |  |  |  |  |
| Property taxes |  |  |  |  |  |  |  |
| Furniture/appliances |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| VARIABLE EXPENSES | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Food |  |  |  |  |  |  |  |
| Clothing |  |  |  |  |  |  |  |
| Transportation/car upkeer |  |  |  |  |  |  |  |
| Total utilities |  |  |  |  |  |  |  |
| Phone |  |  |  |  |  |  |  |
| Dental/medical |  |  |  |  |  |  |  |
| Entertainment/recreation |  |  |  |  |  |  |  |
| *Credit Cards |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| TOTAL EXPENSES | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
|  |  |  |  |  |  |  |  |
| SAVINGS | Monthly Goal |  | Actual A | ount Save | Per Budg | Period | Amount Saved |
| Savings Account | \$ | \$ | \$ | \$ | \$ | \$ | \$ |
| Emergency Savings |  |  |  |  |  |  |  |
| IRA/Retirement |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
| Total Savings | \$ | \$ | \$ | \$ | \$ | \$ | \$ |


| Category | Dave Ramsey | NFCC | CCCS |
| :--- | :---: | :---: | :---: |
| Charitable Giving | $10-15 \%$ | $4 \%$ |  |
| Housing | $25-35 \%$ | $24 \%$ | $20-30 \%$ |
| Utilities | $5-10 \%$ | incl. in <br> Housing | $4-7 \%$ |
| Food | $5-15 \%$ | $14 \%$ | $15-20 \%$ |
| Transportation | $10-15 \%$ | $17 \%$ | $6-20 \%$ |
| Medical | $5-10 \%$ | $6 \%$ | $2-8 \%$ |
| Clothing | $2-7 \%$ | $6 \%$ | $2-4 \%$ |
| Invest/Savings | $5-10 \%$ | $13 \%$ | $5-10 \%$ |
| Debt Payments | $5-10 \%$ | $13 \%$ | $15-20 \%$ |
| Misc. <br> (Personal,Recreation,Life <br> Ins.) | $5-10 \%$ | $5 \%$ | $5-10 \%$ |

